

### Cooking ingredients for all around the world in one day

What we are using	Ingredients
Dolmio Classics Tomato Pasta Sauce	Dolmio Classics Tomato Pasta Sauce with Basil is a delicious pasta sauce that will help you create the perfect Italian pasta meal your whole family will love.
Woolworths Pasta Penne 500g	Durum Wheat Semolina, Wheat Flour. -Also available - Barilla Gluten Free Penne
Woolworths Pork Mince	Contains 100% Australian pork -Also available – Beef and Pork free will substitute for mix vegetables.
Hillview Tasty Shredded Cheese	Tasty Cheese (98%) (Pasteurised Milk, Salt, Starter Culture, Non Animal Rennet), Anticaking Agent (Cellulose), Preservative (Sorbic Acid)
Global Bakehouse Garlic Bread	White Bread (86.7%): Wheat Flour (Wheat flour, Thiamine, Folic Acid), Water, Yeast, Vinegar, Salt, Vegetable Oil, Sugar, Improver (Soy Flour, Emulsifiers (481,472e), Calcium Sulphate (516), Ascorbic Acid (300), Synthetic L-Cysteine (920), Calcium Carbonate (170), Enzymes), Preservative (282) Garlic and Parsley Spread (13.3%): Margarine (Vegetable Oil, Water, Salt, Emulsifiers (Soybean Lecithin, 471), Flavour, Antioxidant (307b), Food Acid (330), Natural Colour (160a)), Rehydrated Garlic (15%), Parsley, Food Acid (330)  -Also available Gluten free garlic bread

#### Pasta bake and garlic bread

What we are using	Ingredients
Long Grain Rice	
Woolworths frozen vegetables	Carrot, Peas, Corn.
Lee Kum Kee Premium Soy Sauce	Water, Soybeans (17.5%), Salt, Sugar, Wheat Flour.

#### Fried Rice

What we are using	Ingredients
Woolworths White Soft Sandwich Bread 650g	Wheat Flour, Water, Wheat Fibre, Yeast, Vinegar, Wheat Gluten, Iodised Salt, Canola Oil, Fermented Wheat Flour, Soy Flour, Emulsifiers (481, 472e), Vitamins (Thiamin, Folic Acid), Processing Aid (Wheat)
Gluten Free White Sandwich Slice Bread Loaf	Modified Tapioca Starches (1442, 1412), Water, Rice Flour (22%), Canola Oil, Sugar, Egg White Powder, Soy Flour, Bakers Yeast, Iodised Salt, Vinegar, Vegetable Gum (412), Thickeners (464, 466), Maize Starch, Minerals (Iron, Zinc), Vitamins (Vitamin E, Niacin, Vitamin B6)
Dollar Sweets 100's & 1000's 190g	Sugar, Tapioca Starch, Colours (124, 102, 133, 110, 123, 122), Glazing Agent (903)

## Fairy bread

What we are using	Ingredients
Woolworths White Soft Sandwich Bread 650g	Wheat Flour, Water, Wheat Fibre, Yeast, Vinegar, Wheat Gluten, Iodised Salt, Canola Oil, Fermented Wheat Flour, Soy Flour, Emulsifiers (481, 472e), Vitamins (Thiamin, Folic Acid), Processing Aid (Wheat)
<b>Gluten Free</b> White Sandwich Slice Bread Loaf	Modified Tapioca Starches (1442, 1412), Water, Rice Flour (22%), Canola Oil, Sugar, Egg White Powder, Soy Flour, Bakers Yeast, Iodised Salt, Vinegar, Vegetable Gum (412), Thickeners (464, 466), Maize Starch, Minerals (Iron, Zinc), Vitamins (Vitamin E, Niacin, Vitamin B6)
Dollar Sweets 100's & 1000's 190g	Sugar, Tapioca Starch, Colours (124, 102, 133, 110, 123, 122), Glazing Agent (903)